

Do I need antibiotics?

Your body can normally fight off common infections on its own.

You don't usually need antibiotics for the infections listed, unless symptoms of a *bacterial* infection are severe.

Ease your symptoms by following the tips given. Antibiotics won't ease your pain, you will need to take painkillers.

Taking antibiotics when you do not need them puts you and your family at risk.

You may develop antibiotic resistance - meaning they won't work when you really need them.

Many infections are *viral* and antibiotics don't work for viruses.