

CHRONIC PAIN COURSE

FIND OUT WHAT WORKS, WHY IT WORKS AND DO MORE OF IT

Join our **free online live webinars** hosted by **Dr Mike Scanlan** and **Suzy Dion**, where you will learn extra skills to cope with chronic pain. You will be also offered a self-help and support group hosted by SPRING, where you can share your experiences and knowledge with other people who live with chronic pain.



MAIN COURSE

27th February - 2nd of April 2024:
6pm - 7pm

If you want to know more or wish to opt in please email suzy.dion@nhs.net with your name, email address, contact telephone number and your GP surgery to allow follow-up after attendance.

Northamptonshire I.C.B. have commissioned General Practice Alliance to provide these webinars.