

# Rothwell and Desborough Surgery Newsletter

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Issue 1

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**Welcome to your new practice newsletter! Every quarter we will update you on what's new in the surgery, any useful clinic information, an update from the PPG and much more!**

**This is your newsletter, so if you have any ideas of what you would like to see in it let us know.**

## The PPG

The PPG is our patient participation group. The PPG is a great opportunity to shape the services we offer and to help us meet our community's needs.

Currently our PPG is a virtual group of people who can be called upon to help with any projects we have running, or as a forum for input and ideas.

In the coming weeks we will be recruiting new members of the PPG both to our virtual group and our NEW formal group. The formal group will meet regularly to look at various aspects of the practice. Whether it is how the surgery operates and problem solving, or how we can be more integrated with the local community.

We already have lots of ideas, but you are the people that matter, we want to hear your ideas and welcome any patient to get involved.

The PPG only works if we have enough patients taking part, so if you want to get involved head to our website or come into the surgery to find out how to get started and collect our short application form.

Our only qualifying criteria is that you are over the age of 18, and that you are a patient. We are looking forward to working with you all!

## Question

How many patients do you think are currently registered with us?  
Turn over for the answer!

## NHS Prescriptions

If you have visited the surgery recently you may have noticed some posters about items which will not be routinely prescribed on the NHS from now on.

Many common conditions can be treated at home with items that can be bought from pharmacies, supermarkets and stores without a prescription.

This is a national change which has been put in place, for more information please visit the [www.rdhg.co.uk](http://www.rdhg.co.uk) or speak to a receptionist.

### The new NHS App

We are excited to announce that our services are now available on the new NHS App. The app can be downloaded onto any smart phone or tablet. It works in a similar way to our previous online accounts but is more user friendly and has more services that you can use. On the new app you can:

- Book appointments
- Order medication
- View your records
- Choose who can see your information
- Set your organ donation preferences

You can register for the app from home. To find out more visit [www.nhs.uk/nhsapp](http://www.nhs.uk/nhsapp)

## Bowel Cancer Screening

There is a new way that the NHS is screening patients for bowel cancer. It is an easy to use, free sample collection kit which is sent to your home. Patients aged over 60 are eligible for the screening which is being run by Cancer Research UK. To find out more visit [www.cancerresearchuk.org](http://www.cancerresearchuk.org) or call 0800 707 6060

## Clinic information

### Extended access clinics

We are now part of a shared service based at Prospect House in Kettering which offers appointments at evenings and weekends. This service is shared between GP surgeries in the Kettering area.

The extended access clinic offers appointments with:

- GP's
- Nurse Practitioners
- Pediatric Nurses
- Practice Nurses
- Mental Health practitioners
- Physio's

They also offer video consultations where appropriate.

**If you need an extended access appointment, call our reception team to find out more and book.**

