## **Urinary**

Pain on passing urine; passing urine more often at night; cloudy urine; discharge; pain in lower tummy

## How can I ease my symptoms?

- Take paracetamol to ease pain and reduce a high temperature
- Drink plenty of fluids, until you pass pale urine
- Avoid sexual intercourse until the symptoms have resolved

## How long could my infection last?

• Urinary tract (urine) infection: 2-5 days