



**Let's Connect:**  
Target Ovarian Cancer  
communities



# Let's Connect:

## Northampton-based ovarian cancer peer support

Here at Target Ovarian Cancer we're creating an England-wide network of local peer support groups for women with a diagnosis of ovarian cancer.

**We're excited to announce that we are launching a support group in Northampton!**

This will be an opportunity for women living with a diagnosis of ovarian cancer to meet up monthly, and talk in confidence.

▶ **Starting: Saturday 22<sup>nd</sup> August, 2-4 p.m**

▶ **Where: A central Northampton venue**

**Do you have a diagnosis of ovarian cancer?  
Would you like to attend?**

**If so, please contact:**

**Pamela Walker, Project Lead**

**07903 311616**

**[pwalker@targetovariancancer.org.uk](mailto:pwalker@targetovariancancer.org.uk)**



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# Our Support services

At Target Ovarian Cancer, we target what's important to stop ovarian cancer devastating lives. We're here for everyone affected by ovarian cancer any time you need us.

**We provide support for anyone affected by ovarian cancer through our:**

- ▶ **Nurse-led support line:** whether you need practical information, advice or a listening ear, our specialist nurses are here for you.
- ▶ **Online community:** Our two private Facebook groups are welcoming and helpful places to connect and chat with others who understand.
- ▶ **Trusted information:** Our website pages, videos, and information guides cover a wide range of topics, from diagnosis and treatments to finances and relationships.
- ▶ **Digital support events:** our programme of support events is shaped by you. From diet and nutrition to yoga and relaxation, there's lots to explore.



**Find out more**

[targetovariancancer.org.uk/support](https://targetovariancancer.org.uk/support)

[info@targetovariancancer.org.uk](mailto:info@targetovariancancer.org.uk)

**Nurse-led support line: 0808 802 6000 (freephone)**

